

BLACK GIRLS HAIR

An Intro to Hair Basics



HAIR TYPES

Charting out hair texture is an art not a science. It is common for a woman to have a combination of different textures at once. ***These are not hard rules; it is just one way to describe hair.***



The three main types of hair textures are curly, coily, and kinky.



3's range from curly to coily
4's range from coily to kinky



A's have a loose curl pattern
B's have a medium curl pattern
C's have the tightest curls

CURLY

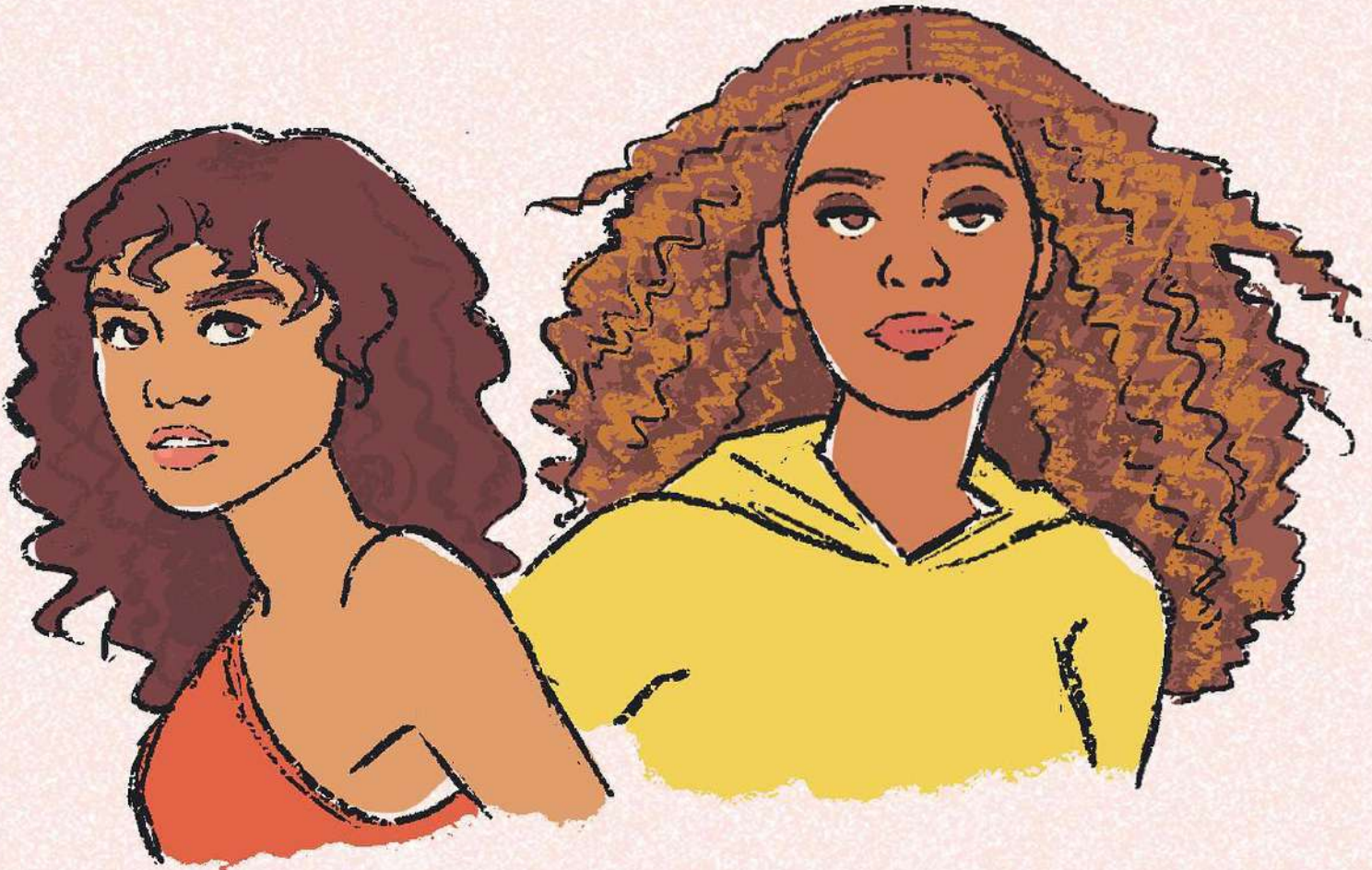


COILY



KINKY

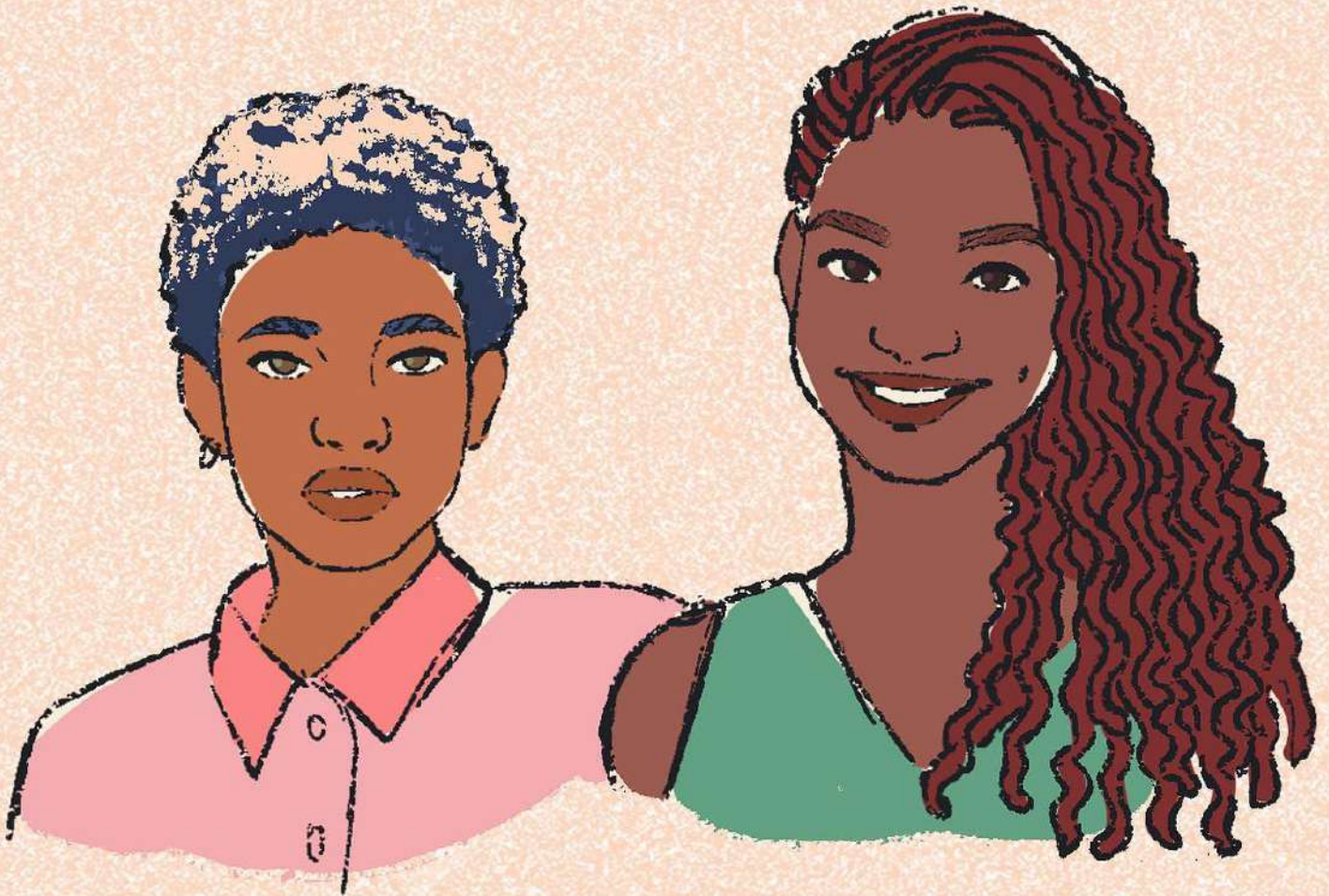


3A-3B**CURLY**

These curls tend to be loose and a finer texture. Often called “good hair” in the Black community, it is important not to feed into this mentality of favoring one hair type over others. This notion is harmful and rooted in *colorism*.

3C-4A**COILY**

These curls are dense with lots of natural volume. Moisturizer such as oil or leave in conditioner can be used to maintain happy springy curls.

4B-4C**KINKY**

Also called Afro-textured, these are the tightest curls with the most density! It is also common to wear protective hairstyles such as braids or locs which come in an infinite variety of styles.



A Black woman may wear her hair styled differently from its natural curl. Of course, this is perfectly fine and entirely her choice.

No matter what:

Do not ask if it's real.

Do not ask if you can touch it.

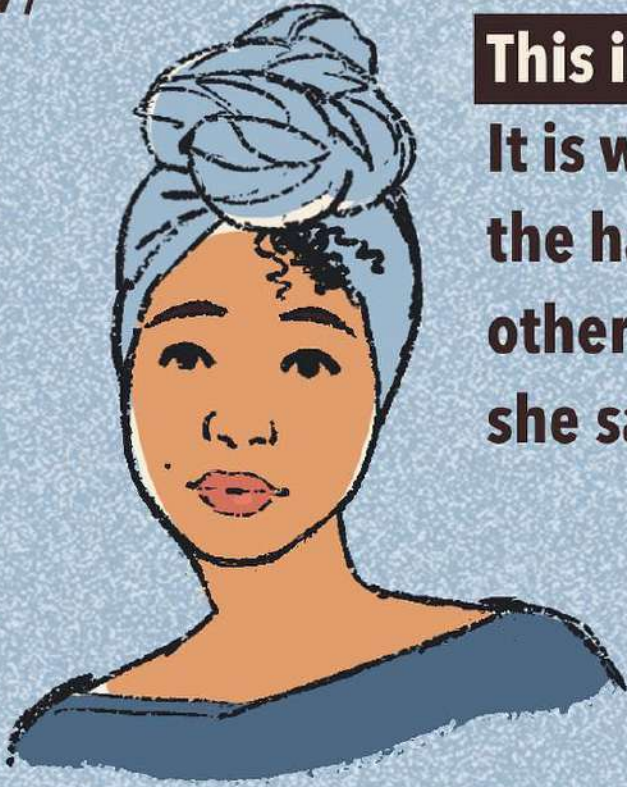
Do not ask if she will change it.

Do not ask.



This is a headwrap or headscarf.

It is worn for fashion and to protect the hair. It is not a turban, hijab, or other religious headdress unless she says it is.



This is a night bonnet. It is a silk or satin cap worn to bed in order to protect the hair while she sleeps.



These are laid edges. It is an aesthetic choice to smooth out baby hairs with a toothbrush, and it's just as cute to let them roam free.



PERSONAL THOUGHTS

Black women often have a complex relationship with their hair. You will likely need to be a trusted person in her life for her to discuss her hair journey with you in great detail.

At the end of the day, it's really none of your business—*just let us live! sheesh.*

