



There's a difference between

mobilising and organising

encouraging a group
of people to take
collective action in
pursuit of a specific
objective.

planning and
sustaining a
community of
people towards a
common vision.

Kwame Ture prioritised organising; he said it leads to revolutionary action. Hahrie Han's research found that high engagement happens when/where organising and mobilising are combined.



People mobilise around the overt, not the covert, so while it is understandable to prioritise mobilisation, to be sustainable, we must mobilise after

Strictly mobilising can lead to more than just burnout. We risk disheartening the very people we are trying to engage & protect.

STRUCTURING WORKS



I was raised on the selfless service in Sikhi called मेहा (pronounced seh vaa) serving the people by serving the community - defined by physical, mental and material service to those in need wherever possible, including menial tasks.





Being part of the media team at Ihumaatao, I learnt what best-practice protest and campaign organising

can look and feel like.

I also learnt that

recognising capacity,

skill levels, and skillsets (knowing

how to use these

most effectively)

is key to successful

organising.



I have learnt that what revolutionary organising needs most are people who are willing to do the work that needs doing (often the "un- seen" work) and learn from those directly affected

how best to do it,
whether that looks like
scrubbing loos, feeding
people, getting first-aid
trained, or learning how
to write copy for
press releases.



I used to think stepping back was giving up, but I know better now... rest is radical and revolutionary, especially when there aren't structures to uphold and support your well-being, even more so for Black, Brown, Indigenous, and disabled people!

So take breaks. Not between intense, sporadic activism but by taking the time to build the projects, programmes, and structures in community that will help us to survive AND thrive.